

ARTS/CRAFTS

FOOD EXPERIENCE

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK3 WEEK OF January 25th – January 29th



CLINIC

SCIENCE / NATURE

FIELD TRIP

		parameter and a second								- Same
Monday	y, January 2	25 th :								
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ TOX Rules	Playground (Weather Permitting)	Healthy Heart Clinic	Lunch/ Down Time	Art Project: Optical Illusion Art	Computers	Dragon Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ TOX Rules	Playground (Weather Permitting)	Healthy Heart Clinic	Lunch/ Down Time	Computers	Art Project: Optical Illusion Art	Dragon Ball	Snack/ Terminal Station	Merge with ASX
Tuesda	y, January	26 th :								
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	2:00-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Barnyard	Playground (Weather Permitting)	Protect the President/ Alien Invasion	Lunch/ Down Time	Jeopardy	Science: Eggsperiment	Disney Scene It/ Black Magic	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Barnyard	Playground (Weather Permitting)	Alien Invasion/ Protect the President	Lunch/ Down Time	Jeopardy	Disney Scene It/ Black Magic	Science: Eggsperiment	Snack/ Terminal Station	Merge with ASX
Wednes	sday, Janua	ary 27 th : Please w	vear field trip shirt.							
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-12:30	:30 12:30-4:30				
Group 1	Merge with BSX	Snack/ Find The Thimble	Playground (Weather Permitting)	Outburst Challenge	Lunch and Down Time	Sertoma Arts Center				
Group 2	Merge with BSX	Snack/ Find The Thimble	Playground (Weather Permitting)	Outburst Challenge	Lunch and Down Time	Group 1: P/U12:30pm (1:00-2:00) Return to Site @ 2:30 PM Group 2: P/U 1:30pm (2:00-3:00) Return to Site @ 3:30 PM Group 3: P/U 2:30pm (3:00-4:00) Return to Site @ 4:30 PM				
Thursd	av, January	/ 28 th : Please we	ar field trip shirt ar	nd comfortable cl	othes and sh	oes for climbing	ı .			
	7:00-9:00	9:00-9:30		9:30-1:00		1:00-1:30	1:30-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Family Portrait	Triangle Rock Club Group 1: P/U 9:30 AM (10:00am-11:30am) Return to Site: 12:00 PM Lunch will be eaten after trip Group 2: P/U 11:00 AM (11:30am-1:00pm) Return to Site: 1:30 PM Lunch will be eaten before trip			Gaga Ball	Playground (Weather Permitting)	Battalion	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Family Portrait				Battalion	Playground (Weather Permitting)	Gaga Ball	Snack/ Terminal Station	Merge with ASX
Friday,	January 29	th :								
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Scrambled Eggs	Playground (Weather Permitting)	Parachute Games/ Concentration	Lunch/ Down Time	Shelf Ball/ Rhyme or Relate	Art Project: 3D Snowflakes	Scooter Hockey	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Scrambled Eggs	Playground (Weather Permitting)	Concentration/ Parachute Games	Lunch/ Down Time	Rhyme or Relate/ Shelf Ball	Scooter Hockey	Art Project: 3D Snowflakes	Snack/ Terminal Station	Merge with ASX

DANCE / DRAMA / MOVEMENT



BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 3 WEEK OF February 1st – February 5th



		paracranaginogos					, -			"The Car
Monday	, February	1 st :								
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ How Many Behind Me?	Playground (Weather Permitting)	Alphabet Game	Lunch/ Down Time	Art Project: Magnetic Picture Frames	Computers	Hot Seat	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ How Many Behind Me?	Playground (Weather Permitting)	Alphabet Game	Lunch/ Down Time	Computers	Art Project: Magnetic Picture Frames	Hot Seat	Snack/ Terminal Station	Merge with ASX
Tuesda	y, February	/ 2 nd :								
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Red Handed	Playground (Weather Permitting)	Hit it Catch it/ Bomb Ball	Lunch	Giants, Wizards, Elves	Pilates Clinic	Hot Potato	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Red Handed	Playground (Weather Permitting)	Bomb Ball/ Hit it Catch it	Lunch	Pilates Clinic	Giants, Wizards, Elves	Hot Potato	Snack/ Terminal Station	Merge with ASX
Wednes	sday, Febru	ıary 3 rd : Please w	ear field trip shirt							
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30-12:30	12:30-3:30			3:30-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Four Corners	Playground (Weather Permitting)	Apples to Apples Challenge	Lunch/ Down Time	P/U 12:30 PM Raleigh Little Theater 1:00pm-3:00pm Return to Site: 3:30 PM			Terminal Station	Snack & Merge with ASX
Group 2	Merge with BSX	Snack/ Four Corners	Playground (Weather Permitting)	Apples to Apples Challenge	Lunch/ Down Time				Terminal Station	Snack & Merge with ASX
Thursda	ay, Februar	y 4 th : Field trip sl	nirt is optional. Pl	ease bring a chan	ge of clothes	s, bathing suits a	and towels.			
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-11:50		11	:50-2:50		2:50-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Fox and the Squirrel	Playground (Weather Permitting)	Lunch/ Down Time		P/U 11:50 AM Snack/ Buffaloe Road Aquatic Center Snack/ Terminal Statio				
Group 2	Merge with BSX	Snack/ Fox and the Squirrel	Playground (Weather Permitting)	Lunch/ Down Time		12:20pm-2:15 pm Sn Return to Site: 2:50 PM Termina				Merge with ASX
Friday,	February 5	th:								
•	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ In the River, On the Bank	Playground (Weather Permitting)	Science: Heart Candy	Lunch/ Down Time	Art Project: Winter Hats	Four Square Tournament	Mum Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ In the River, On the Bank	Playground (Weather Permitting)	Science: Heart Candy	Lunch/ Down Time	Four Square Tournament	Art Project: Winter Hats	Mum Ball	Snack/ Terminal Station	Merge with ASX
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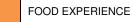


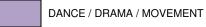
BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 3 WEEK OF February 8th – February 12th



Monday	, February	8 th :									
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:0	00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Kanga Ball	Playground (Weather Permitting)	Categories	Lunch and Down Time	Gladiator	Computers	Name S	Six	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Kanga Ball	Playground (Weather Permitting)	Categories	Lunch and Down Time	Computers	Gladiator	Name S	Six	Snack/ Terminal Station	Merge with ASX
Tuesda	y, February	y 9 th :									
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:0	0	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Good Morning Mr. Judge	Playground (Weather Permitting)	Food Experience: Frog Sandwich	Lunch/ Down Time	Chimney Dodgeball	Imagination Stations	Musical Ch	nairs	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Good Morning Mr. Judge	Playground (Weather Permitting)	Food Experience: Frog Sandwich	Lunch/ Down Time	Imagination Stations	Chimney Dodgeball	Musical Ch	nairs	Snack/ Terminal Station	Merge with ASX
Wednes	sday, Febru	uary 10 th :									
	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:0	00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Heads Up 7 Up	Playground (Weather Permitting)	Table Tennis	Lunch/ Down Time	Dragon Tail	Art Project Dino-Mite Valentines	Itting of the		Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Heads Up 7 Up	Playground (Weather Permitting)	Table Tennis	Lunch/ Down Time	Art Project: Dino-Mite Valentines	Dragon Ta	il King of t	the	Snack/ Terminal Station	Merge with ASX
Thursd	ay, Februa	ry 11 th : Please we	ar field trip shirt.	Movie is TBA. Po	pcorn and dri	nk will be provic	led.				
	7:00-8:30		8:30-11:30		11:30-12:30	12:30-1:30		1:30-3:00		3:00-3:45	3:45-6:30
Group 1	Merge with BSX	P/U 8:30 AM Six Forks Station Cinema 9:00am-11:00am Return to Site: 11:30 AM			Lunch/ Down Time	Ghost in the Graveyard/Cl	-	Field		Snack/ erminal Station	Merge with ASX
Group 2	Merge with BSX				Lunch/ Down Time	Chief/Ghost in Graveyard	, 1116	ioice Play)	Te	Snack/ erminal Station	Merge with ASX
Friday.	February 1	2 th :				l					
,	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00			1:00-6:30			
Group 1	Merge with BSX	Snack/ Mafia	Playground (Weather Permitting)	Bingo	Lunch/ Down Time	Early Release:					
Group 2	Merge with BSX	Snack/ Mafia	Playground (Weather Permitting)	Bingo	Lunch/ Down Time	(Merge with Afterschool) Movie Onsite					
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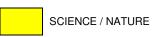
ARTS/CRAFTS











Brier Creek Track Out Track 3 - Week 1



Field Trip Information!

Sertoma Art Center

1400 W Millbrook Rd, Raleigh, NC 27612 919-996-2329

Participants can brush up on their art skills or learn to develop new ones as they create fun & unique art projects with the help of Art Center Staff!

Triangle Rock Club

6022 Duraleigh Road, Raleigh, NC 27612 919-803-5534

Triangle Rock Club is Raleigh's premiere rock climbing facility with climbing walls and boulders. Participants will be given a beginner climbing lesson and should wear comfortable clothing (nothing too loose due to the fact that they will be climbing and wearing climbing harnesses).

This trip will require a waiver to be signed by each child's parent/guardian.

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- Sign field trip waiver
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants



Brier Creek Track Out X-Press 919-420-2340
Director: Catherine Hooper



Brier Creek Track Out Track 3 - Week 2



Field Trip Information!

Raleigh Little Theater

301 Pogue Street, Raleigh, NC 27607 919-821-4579

An exciting world of drama awaits at Raleigh Little Theatre! Participants will get the opportunity to experience a behind-the-scenes tour and a short drama workshop.

Buffaloe Road Aquatic Center

5908 Buffaloe Road, Raleigh, NC 27616 919-996-5600

Participants will get to experience a water slide, lazy river, water vortex, play areas and more at Raleigh Parks, Recreation & Cultural Resources Department's most unique Aquatics facility!

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants



Brier Creek Track Out X-Press 919-420-2340
Director: Catherine Hooper



Brier Creek Track Out Track 3 - Week 3



Field Trip Information!

Six Forks Station Cinemas

9500 Forum Drive, Raleigh, NC 27615 919-846-3904

Participants will get to enjoy a trip to the movies complete with popcorn & drink as they view a children's movie on the big screen! (All films are rated PG)

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

<u>Food Experience</u>—Please make staff aware of any allergies. This is not to replace the children's lunches or snacks. Please still pack their regular lunch and snacks for the day as some kids may not like what they make.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants



Brier Creek Track Out X-Press 919-420-2340
Director: Catherine Hooper

